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Because the first Wealth, is Health!

Red Pepper & Tomato Soup

5 Tomatoes

2 Red Peppers

¼ Red onion

1 Handful fresh basil leaves

1 Handful Cashew nuts

2 Tablespoons olive oil

2 Tablespoons Herbalife Low Cal Gourmet Soup Mix (available from us)

Himalayan rock salt to taste 1 Small handful Goji berries

½ Cup warm water cayenne pepper

Blend everything together. Heat over the stove till warmed through. Add more water to achieve desired thickness. Pour into soup bowls and garnish with a sprig of basil or a few Goji berries.

If you have had a good non-cheating week, you can add a spoon of sour cream on top.



Who do you know that needs to get a health result?

If you know anyone who could benefit from our products, please let me know.



Run your own weight loss challenge – Agents Needed!